

Kavya Juwadi

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Curriculum Vitae

EDUCATION

Arizona State University (ASU), Phoenix, AZ

August 2024- Present

Edson College of Nursing and Health Innovation (CONHI)

Doctor of Philosophy in Nursing and Healthcare Innovation

University of California, Los Angeles (UCLA), Los Angeles, CA

September 2018-June 2022

BS Psychobiology

Minor in Community Engagement and Social Change

RESEARCH

Children's Institute (CII)

July 2022 – July 2024

Research Assistant

Research and Evaluation Department

Supervisors: Toni Cooper; Bill Monro, MSW

- Evaluated the efficacy of mental health services available to children and families by examining clinical outcome measure services (e.g., PHQ-9, PSC, CANS)
- Coordinated with program managers to implement a new digital data collection tool, Varesta, to improve the productivity of the research department. Additionally, trained and supported clinicians during the implementation
- Collaborated with healthcare providers to select measures that facilitate the best participant outcomes as well as oversaw measure compliance
- Leveraged Salesforce, Tableau, SPSS, and Excel software to create and present data-based visualization reports regarding demographics and clinical outcomes that helped inform the future course of treatments
- Examined and presented findings that explored risk factors of early dropout from CII programs

UCLA TIES (Training, Intervention, Education and Services)

March 2021 – June 2022

Research Assistant

Semel Institute for Neuroscience and Human Behavior

Supervisors: Audra Langley, Ph.D.; Matthew Ruderman, Ph.D.; Vanessa Perez

- Conducted independent studies that examined the impact of telehealth and COVID-19 on foster and adopted families, ultimately having a research poster accepted to the American Psychological Association Convention in 2022
- Facilitated the collection of intake, annual, and discharge treatment measures by generating links and emails that were sent to clients receiving mental health services, which were used for research and clinical purposes

- Recruited participants by preparing rosters of eligible clients based on identified criteria (e.g. age, diagnosis), initiating reaching out to prospective clients through email, and responding to incoming inquiries
- Supported development of presentations and papers by analyzing literature reviews, reviewing manuscripts, and developing data visualizations

UCLA Jonsson Comprehensive Center

January 2022 – June 2022

Minor Capstone Research Project

Department of Community Engagement and Social Change

Supervisors: Dr. Bemmy Maharammli Ph.D.; Dr. Alison Herrmann Ph.D.

- Conducted an independent research project examining the online presence (i.e., social media, information on website) of the Community Outreach and Engagement departments of the 51 NCI-Designated Comprehensive Cancer Center
- Initiated a research project and submitted an IRB proposal
- Conducted interviews and analyzed qualitative data gathered
- Acquired knowledge about the pedagogy behind community-based research through accompanying class and faculty mentor supporting the minor capstone project

SEARCH (Student Education and Research on Contemporary Health)

June 2020 – May 2021

Director

Event Evaluation Program (EEP)

Supervisor: Dr. Burt Cowgill Ph.D.

- Led a team of 10 students to examine the efficacy of physical and mental health-based events put on by UCLA’s Student Wellness Commission (SWC), the largest undergraduate health-based organization at UCLA
- Increased SWC event feedback survey completion rate compared to previous years by integrating surveys as part of internal SWC protocol
- Supervised and presented research posters created from this initiative at the UCLA Undergraduate Showcase to communicate qualities of high-attendance events and demographics of undergraduate students that were being reached by SWC events

CLINICAL EXPERIENCES

UCLA Depression Grand Challenge’s STAND Program

December 2020 – Present

Mental Health Coach

- Coached multiple live participants on a weekly basis from underserved communities regarding online Cognitive Behavioral Therapy (CBT)- based mental health interventions
- Participated in weekly supervision sessions with clinical psychology graduate student supervisors and other mental health coaches to review and get feedback about sessions with participants
- Completed 100+ hours of clinically supervised CBT training and coach-client role play

Westminster Free Clinic

November 2020 – August 2021

Scribe

- Worked with patients from underserved communities with a wide array of medical concerns (e.g., diabetes, arthritis, ear infections)
- Documented relevant information about patient concerns and medication during their appointment
- Interacted with doctor during and after patient visit to ensure information was accurately recorded
- Trained by completing a medical terminology course, shadowing scribes, and then taking a written and practical assessment

LEADERSHIP EXPERIENCE

UCLA Student Wellness Commission (SWC)

September 2019 – June 2022

Assistant Commissioner

- Managed and coordinated 30 executive board directors within SWC, the largest undergraduate health-based organization on UCLA campus with over 300 active members
- Led initiatives to combat imposter syndrome on campus, host a health equity summit at UCLA, and make health/wellness-related funding more accessible to student organizations
- Coordinated with UCLA administration to implement programs involving menstrual equity and distributing basic health necessities (soap, tissues, etc.) to students

UCLA Office of the President

September 2019 – 2022

Affordability/Mental Health Committee Director

- Collaborated with student leaders and administrators across project initiatives that included combating high laundry prices and increasing textbook affordability
- Oversaw requirements gathering and development of a website with online mental health resources for different marginalized communities
- Packaged and distributed around 80 personalized mental health care packages for struggling students nominated by their peers

UCLA Center of Health Policy and Research

Lead Intern

October 2020 – March 2021

- Accessed and utilized data from the California Health Interview Survey (CHIS)
- Presented a community profile of a marginalized LA community facing health disparities during two live webinars with 100+ total attendees each that combined information from CHIS with past research
- Led and taught 2 new interns how to analyze CHIS and webinar presentation best practices

EXTRACURRICULAR EXPERIENCE

Bruin Mental Health Advisory Committee

January 2022 – June 2022

Member

- Selected from over 100 UCLA undergraduate and graduate applicants to represent student voices about wellness and mental health to the UCLA Counseling and Psychological Services (CAPS)
- Interviewed prospective CAPS clinicians to provide a student perspective of which clinicians would be best suited to help UCLA students

- Beta-tested and provided feedback about new online mental health services for UCLA students
- Increased awareness of CAPS and mental health services at UCLA to first- and second-year students through on-campus tabling

UCLA Undergraduate Initiated Student Education (USIE)

September 2020 – June 2021

Facilitator

- Taught and facilitated discussion for 17 students during a 10-week course on the historical and thematic elements underlying Game of Thrones
- Independently developed course syllabus and lesson plan with the guidance of a faculty advisor

Mathnasium

April 2021 – September 2021

Assistant Manager

- Tutored K-12 children about various math topics ranging from simple addition to trigonometry
- Engaged and taught 3-4 students per hour
- Organized tutoring materials, scheduled employees, and coordinated with parents

PRESENTATIONS

Juwadi K. (2023, August). *The Relationship between Life Skills and Completion of an Enrichment Program of Foster Youth*. Poster accepted and oral presentation at the 2023 International Summit on Violence, Abuse, and Trauma Across Lifespan, San Diego, CA.

Juwadi K., Perez V., Ruderman, M., & Langley A., (2022, August). *The Relationship Between Number of Caregivers at Home and Telemental Health Engagement of Families*. Poster accepted to the 2022 American Psychological Association Annual Convention, Minneapolis, MIN.

Juwadi K., Finch S., Miranda M., Perez V., Ruderman, M., & Langley A., (2022, August). *Positive and Adverse Effects of COVID-19 on Transracial Foster/adoptive Families*. Poster accepted to the 2022 American Psychological Association Annual Convention, Minneapolis, MIN

Juwadi K., Perez V., Ruderman, M., & Langley A., (2022, May). *Black Deaths and Protests in 2020: A Comparison of Same-Race and Transracial Families on Conversations about Race*. Oral Presentation accepted to the 2022 the UCLA Undergraduate Research Showcase, Los Angeles, CA.

Juwadi K., & Maharramli B., (2022, May). *Examination of the Online Presence of NCI-Designated Comprehensive Cancer Centers' Community Outreach and Engagement*. Oral Presentation accepted to the 2022 the UCLA Undergraduate Research Showcase, Los Angeles, CA.

Juwadi K., Chao E., Majer A., Wang H., & Cowgill B., (2022, May). *In-person vs Virtual Engagement in Health Programs for First Year College Students*. Oral Presentation at the 2021 UCLA Undergraduate Research Showcase, Los Angeles, CA.

RECOGNITIONS AND ACADEMIC HONORS

Graduate College Enrichment Fellows (GCEF)

2024 - Present

- University-wide, merit-based fellowship awarded to the most outstanding graduate students who can help advance the ASU Charter and the ASU's goal of Inclusive Excellence

UCLA Regents Scholar

2018 - 2022

- Competitive academic scholarship awarded to less than 100 UCLA students each year
- Determined by the Undergraduate Admission to be the strongest applicants within the context of UCLA's holistic review

UCLA Dean's List

Fall 2018, 2019, 2020, 2021, Winter 2020, 2021, 2022, Spring 2020, 2021, 2022

- The Dean's Honors list recognizes high scholastic achievement in any one term

ADDITIONAL INFORMATION

Technical Skills: Salesforce, Tableau, Microsoft Office, Varesta, Qualtrics, SPSS, and MacOS